



October 29, 2020

Greetings,

Please share the following links and resources as widely as possible. Materials can be shared in community newsletters, printed and distributed, or shared among leadership and health care providers.

Public Health Notices and Articles:

- [FNHA Collaborates with Youth to Create COVID-19 Wellness Campaign](#). This story introduces the new [FNHA Youth Campaign](#) section of the website.
- [How to celebrate Halloween safely during COVID-19](#)
- [A Guide to COVID-19: Caring For Yourself and Your Loved Ones](#) (updated to reflect current conditions)
- [Book Your Flu Shot Now](#). A shareable resource.

We encourage everyone to check our website frequently for up-to-date information. Get the latest COVID-19 news from FNHA here: <https://www.fnha.ca/about/news-and-events>

Videos and Podcasts:

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Video: [The First Nations Virtual Substance Use and Psychiatry Service](#) from John Rabeneck, Primary Care Clinical Education and Training Specialist. Runtime: 2:35 minutes. This video is an introduction to FNHA's new [Virtual Substance Use and Psychiatry Service](#).

As well, despite the challenges posed by the COVID-19 pandemic, BC Indigenous youth are staying well and connected. View their inspirational messages on our [YouTube channel](#).

FNHA's COVID-19 Web Portal can be found here: www.FNHA.ca/coronavirus

The FNHA created the COVID-19 web portal to help community members, First Nations leadership and health care providers in accessing the information needed to keep themselves and others safe.

For the most relevant information, including FAQs for community members and FAQs for health care providers, visit one of our three COVID information pages:



- [Information for First Nations individuals](#)
- [Information for health professionals](#)
- [Information for community leaders](#)

FNHA's e-newsletters

You can sign up for the FNHA's e-newsletter to ensure you get regular updates and information here: <https://www.fnhanewslettersignup.ca/>

FNHA App

Stay updated on COVID-19, Health Benefits updates and more with the new FNHA App. [Learn more.](#)

**In health and wellness,
The First Nations Health Authority Communications Team**